

PE – Long Term Overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Fundamental Movements Look Run Avoid	Fundamental Movements Look Run Avoid	Invasion Games Look Run Avoid	Invasion Games Look Run Avoid	Invasion Games Lend Move Score	Invasion Games Lend Move Score
Autumn 2	Throwing & Catching Throw Prepare Catch	Throwing & Catching Throw Prepare Catch	Throwing & Catching Throw Prepare Catch	Throwing & Catching Watch Move Connect	Throwing & Catching Watch Move Connect	Throwing & Catching Watch Move Connect
Spring 1	Gymnastics Dynamic Balance to Agility Jump Shape Create	Gymnastics Dynamic Balance to Agility Jump Shape Create	Gymnastics/ Dance Inspire Create Perform	Gymnastics/ Dance Inspire Create Perform	Gymnastics/ Dance Symmetry Balance Travel	Gymnastics/ Dance Symmetry Balance Travel
Spring 2	Multi- Skills/Net & Wall Strike React Rally	Multi- Skills/ Net & Wall Strike React Rally	Striking & Fielding React Roll Retrieve Net & Wall	Net & Wall Strike React Rally	Net & Wall Strike React Rally	Net & Wall Strike React Rally

			Strike React Rally			
Summer 1	Invasion/Team Games Dual Win Lose	Invasion/Team Games Dual Win Lose	Invasion/Team Games Dual Win Lose	Striking & Fielding Aim Strike Retrieve	Striking & Fielding Aim Strike Retrieve	Striking & Fielding Aim Strike Retrieve
Summer 2	Athletics Run Jump Throw	Athletics Run Jump Throw	Athletics Run Jump Throw	Athletics Accuracy Power Distance	Athletics Accuracy Power Distance	Athletics Accuracy Power Distance

<https://beyondthephysical.co.uk> - All the learning themes can be found on this website.

Beyond the Physical Learning Themes are specially-designed units of work linked to the PE National Curriculum. We have used our experience of working with teachers and children to create easy-to-use, friendly resources for planning and delivering high-quality PE. Each Learning Theme is centred around three key words, which are the success criteria for the unit.