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| **Time** | **Lesson** | **Input** | **Activity** |
| 9:00 – 9:30 | Phonics | *Teams Lesson*  See ‘Monday Phonics Lesson’ if unable to attend teams. | Activities completed throughout input if joining teams. Alternatively, work through activities on the ‘Monday Phonics Lesson’ slides. |
| 9:35 – 10:15 | English | **Instruction Writing**  *Teams Lesson*  Follow link below if unable to attend teams:  <https://classroom.thenational.academy/lessons/to-box-up-a-recycled-set-of-instructions-chj36c> | Complete the ‘Boxing Up’ activity. |
| 10:15 – 10:45 | Break | Go out and enjoy some fresh air! | Have a piece of fruit and a drink of water  |
| 10:50 – 11:45 | Maths | **Tens and Ones**  *Teams Lesson*  Follow link below if unable to attend teams:  <https://vimeo.com/500467998> | Worksheet:  <https://resources.whiterosemaths.com/wp-content/uploads/2019/12/Y1-Spring-Block-2-D2-Tens-and-ones-2019.pdf>  See ‘Monday Maths Activity’ in pack. |
| 11:50 – 12:30 | Lunch | Go out and enjoy some fresh air! | Have a healthy lunch to keep your brain working at its best for this afternoon! |
| 12:40 – 1:30 | PE | ***No Teams Lesson*** | *Complete one of the online Joe Wicks Workouts*  [*https://www.youtube.com/watch?v=tSi2ix1i180*](https://www.youtube.com/watch?v=tSi2ix1i180)  *Or f*ollow this link for lots of different PE ideas in the home:  <https://www.youtube.com/playlist?list=PLYGRaluWWTojV3An2WEgsQ4qGFy_91jDL> |
| 1:30 – 2.15pm | *Science* | ***Seasons and change*** *- What do we know about the weather?*  *Teams Lesson*  *Follow the link below if you are unable to attend teams:*  [*https://classroom.thenational.academy/lessons/what-do-we-know-about-the-weather-6ct30c?activity=video&step=1*](https://classroom.thenational.academy/lessons/what-do-we-know-about-the-weather-6ct30c?activity=video&step=1) | Activity 1 - (from last week) – Colour in the map of England  Activity 2 - Cut out your weather symbols and using these along with your map get into role as a weather presenter. Retell the weather forecast for members of your family. Get them to film you doing this and share these on teams. |
| 2:05 – 2:30 | Break | Go out and enjoy some fresh air! | Have a piece of fruit and a drink of water  |
| 2:30 – 3:05 | Music | ***No Teams Lesson*** | **Pitch**  Lesson 2 – High Sound <https://classroom.thenational.academy/lessons/high-sounds-c4rp4e>  Lesson 3 – Low Sound <https://classroom.thenational.academy/lessons/low-sounds-65h3ed> |